

ASSESSMENT SCHEDULE

- 1 **Intake Session**
1 hour - you attend, support person welcome
- 2 **Clinical Interview**
1 hour
- 3 **Cognitive Testing**
2 hours
- 4 **Further Testing & Functional Measures**
As required
- 5 **Additional Sessions**
If required for complex or multiple presentations
- 6 **Feedback Session**
Approx. 1 to 2 hours - walking through the final report

ASSESSMENT INCLUSIONS

What every assessment includes:

- Intake session
- Clinical interview
- All testing sessions
- Rating scales (self-report and informant report as appropriate)
- Structured observation tasks
- A comprehensive, ICAN-aligned FCA report
- A feedback session with the clinical psychologist
- One digital copy of the completed report

FCA OPTIONS

Focused FCA: documents functional impact where a diagnosis is already established.

Comprehensive FCA: includes a formal diagnostic evaluation alongside the functional assessment.

ASSESSMENT FEE

Fees are confirmed at the intake session and provided to you in writing. Please contact our office for further details.

0427 518 774

NDIS Functional Capacity Assessment (FCA) Adult

A Functional Capacity Assessment (FCA) looks at how your disability affects your ability to take part in everyday activities. It provides clear, comprehensive evidence of your strengths, functional capacity, and support needs across all areas of daily life, written to support NDIS planning and funding decisions.

WHO IT IS FOR

An FCA is helpful when you need functional evidence for an NDIS access request, a plan review, or a plan reassessment. It is suited to adults aged 18 and over with an established or suspected disability, including autism, ADHD, intellectual disability, learning difficulties, and psychosocial disability.

TAILORED TO YOU

Every assessment is tailored to you and the reason for referral. Where a diagnosis is already established, the assessment focuses on documenting functional impact and support needs. Where a diagnosis is not yet in place, is being queried, or you would like diagnostic confirmation alongside functional evidence, the assessment can include a formal diagnostic evaluation within the one report.

WHAT WE ASSESS: THE 12 ICAN DOMAINS

The report is aligned with the 12 functional domains of the I-CAN v6 framework, the tool the NDIS uses to understand support needs. Your functioning is described across:

- Mobility
- Domestic Life
- Self-Care
- Community, Social and Civic Life
- Communication
- Learning and Applying Knowledge
- General Tasks and Demands
- Lifelong Learning
- Interpersonal Interactions and Relationships
- Behaviours of Concern
- Mental and Emotional Health
- Physical Health

Assessment Measures

The battery is tailored to each person and confirmed at intake. Depending on presentation and referral question, it may draw on the following.

Wechsler Adult Intelligence Scale, 4th Edition (WAIS-IV)

A comprehensive assessment of cognitive ability for adults. It measures verbal comprehension, perceptual reasoning, working memory, and processing speed, helping explain how your thinking and reasoning affect your daily functioning.

Wechsler Individual Achievement Test, 3rd Edition (WIAT-III)

Assesses academic achievement in reading, writing, and mathematics where relevant to the referral. It helps identify specific learning strengths and difficulties that affect participation in study, work, and everyday tasks.

Vineland Adaptive Behavior Scales, 3rd Edition (Vineland-3)

An informant rating scale that assesses adaptive behaviour across communication, daily living skills, and socialisation, giving a clear picture of how you function in real-world settings.

Adaptive Behaviour Assessment System, 3rd Edition (ABAS-3)

A standardised rating scale assessing the functional skills needed for daily living across conceptual, social, and practical domains.

World Health Organization Disability Assessment Schedule (WHODAS 2.0)

A standardised measure of how a health condition affects functioning across six areas of life: understanding and communicating, getting around, self-care, getting along with people, life activities, and participation in the community.

Adolescent/Adult Sensory Profile

A self-report questionnaire that assesses how you process sensory information such as touch, sound, movement, and visual input, and how this affects your comfort and daily participation.

Structured Clinical Observation Tasks

During the assessment you complete a range of everyday tasks, such as planning and problem-solving activities or working through a practical scenario. These give direct evidence of how you manage real-world activities and the support you need.

Additional measures, as clinically indicated

Depending on your presentation, the assessment may also include CAARS and WURS-61 (ADHD), MOXO-CPT (attention), CEFI (executive function), ADOS-2 and ADI-R (autism), ASRS and SRS-2 (autism), or DASS-42 (emotional wellbeing).

THE REPORT

A comprehensive report aligned with the 12 ICAN functional domains, setting out your strengths, functional capacity, support needs, and practical, NDIS-aligned recommendations. Standard turnaround is approximately three weeks from receipt of all information.

FEEDBACK SESSION

A dedicated feedback session with the clinical psychologist to walk through the findings, answer your questions, and discuss recommendations in detail.

WHY CHOOSE US

- Experienced clinical psychologist
- Comprehensive, ICAN-aligned reports
- Tailored to your needs
- Respectful, evidence-based, person-centred approach

NEXT STEP

If you think an FCA could help you, please phone or email our office to discuss your needs and booking options.