



ASSESSMENT SCHEDULE

- 1 Initial Intake**
1 hour
- 2 Clinical Interview**
1 hour
- 3 ADI-R Interview**
2 hours
- 4 ADOS-2 Assessment**
2 hours
- 5 Feedback Session**
1 hour for a summary report, 2 hours for a comprehensive report

ASSESSMENT INCLUSIONS

What every assessment includes:

- Clinical interview
- Full assessment administration
- All test equipment and materials
- Rating scales (as appropriate)
- A feedback session with the clinical psychologist
- A comprehensive assessment report
- One digital copy of the completed report

REPORT OPTIONS

Summary Report: a concise overview of the findings and outcome.

Comprehensive Report: a detailed report with full findings, formulation and recommendations.

ASSESSMENT FEE

Fees are confirmed in writing before the assessment begins. Please contact our office for further details.

0427 518 774

Autism Spectrum Disorder Assessment Adult

A diagnostic assessment for Autism Spectrum Disorder looks closely at your social communication and interaction, alongside your patterns of behaviour and interests, developmental history and everyday functioning. It gives you a clear, evidence-based understanding of your needs and, where the criteria are met, a formal diagnosis.

WHO IT IS FOR

This assessment suits adults who identify with longstanding differences in social communication, interaction, or patterns of behaviour and interests, and want clarity about whether these are consistent with Autism Spectrum Disorder.

TAILORED TO YOU

Every assessment is tailored to you and the concerns raised at referral. The clinical psychologist selects the measures and interviews most relevant to your situation, drawing on both current presentation and developmental history.

WHAT WE ASSESS

The assessment is guided by DSM-5-TR criteria for Autism Spectrum Disorder and considers:

- Social communication and interaction
- Restricted and repetitive behaviours and interests
- Sensory responses
- Early developmental history
- Adaptive and everyday functioning
- Emotional wellbeing

Assessment Measures

The battery is tailored to each person and confirmed at the clinical interview. Depending on presentation and referral question, it may draw on the following.

DSM-5 Cross-Cutting Symptom Measure (Adult)

A brief self-report screen across 13 mental health domains that highlights symptoms relevant across diagnoses and helps guide areas for closer assessment.

Depression, Anxiety and Stress Scales (DASS-42)

A 42-item self-report questionnaire that measures the severity of depression, anxiety and stress, helping to identify co-occurring emotional difficulties.

Social Responsiveness Scale, 2nd Edition (SRS-2)

A rating scale that identifies and quantifies the social difficulties associated with autism spectrum disorder and helps distinguish these from other presentations across the lifespan.

Autism Diagnostic Interview-Revised (ADI-R)

A standardised, semi-structured interview conducted with a parent or close informant, gathering a detailed developmental history to support diagnosis and distinguish autism from other developmental difficulties.

Autism Diagnostic Observation Schedule, 2nd Edition (ADOS-2)

A semi-structured, standardised assessment using interactive and, where relevant, play-based activities to directly observe communication, reciprocal social interaction, and restricted and repetitive behaviours.

Adaptive Behaviour Assessment System, 3rd Edition (ABAS-3)

A standardised rating scale that assesses the practical skills needed for daily living across conceptual, social and practical domains.

THE REPORT

A comprehensive report outlining the assessment findings, the diagnostic outcome, and practical recommendations to support you day to day.

FEEDBACK SESSION

A dedicated feedback session with the clinical psychologist to walk through the findings, answer your questions, and discuss recommendations in detail.

WHY CHOOSE US

- Experienced clinical psychologist
- Rigorous, evidence-based assessment
- Tailored to your needs
- Respectful, person-centred approach

NEXT STEP

If any of this sounds familiar, please phone or email our office to discuss your needs and booking options.