



Changing Minds
Psychological Support & Solutions

ASSESSMENT SCHEDULE

- 1 Clinical Interview**
1 hour
- 2 Cognitive Assessment (WAIS-IV)**
2 hours
- 3 Academic Assessment (WIAT-III)**
testing session
- 4 Feedback Session**
1 hour for a summary report, 2 hours for a comprehensive report

ASSESSMENT INCLUSIONS

What every assessment includes:

- Clinical interview
- Full assessment administration
- All test equipment and materials
- A feedback session with the clinical psychologist
- A comprehensive psychometric report
- One digital copy of the completed report

REPORT OPTIONS

Summary Report: a concise overview of the findings and results.

Comprehensive Report: a detailed report with full findings and recommendations.

ASSESSMENT FEE

Fees are confirmed in writing before the assessment begins. Please contact our office for further details.

0427 518 774

Learning, Cognitive and Academic Assessment Adult

A cognitive and academic assessment looks at your thinking and reasoning abilities alongside your academic skills in reading, writing and mathematics. It helps identify a specific learning difficulty, clarify your strengths and needs, and guide support in study, training and the workplace.

WHO IT IS FOR

This assessment suits adults where there are concerns about learning or academic performance, whether in further study, training or at work, and you want to understand whether a specific learning difficulty is present and how best to support it.

TAILORED TO YOU

Every assessment is tailored to you and the reason for referral. The clinical psychologist pairs cognitive and academic testing to compare your ability with your achievement and pinpoint areas of need.

WHAT WE ASSESS

A cognitive and academic assessment considers:

- Cognitive ability (reasoning, memory, processing)
- Reading
- Written expression
- Mathematics
- Oral language
- Impact on learning and daily demands

Assessment Measures

The battery is tailored to each person and confirmed at the clinical interview. Depending on presentation and referral question, it may draw on the following.

Wechsler Adult Intelligence Scale, 4th Edition (WAIS-IV)

The leading measure of cognitive ability for adults. It provides an overall estimate of intellectual ability (Full Scale IQ) alongside index scores for verbal comprehension, perceptual reasoning, working memory and processing speed.

Wechsler Individual Achievement Test, 3rd Edition (WIAT-III)

A standardised measure of academic achievement in reading, written language, mathematics and oral language. Comparing achievement against cognitive ability is central to identifying a specific learning disorder.

Comprehensive Executive Function Inventory (CEFI Adult)

A self-report questionnaire measuring everyday executive functioning across attention, emotion regulation, flexibility, inhibitory control, initiation, organisation, planning, self-monitoring and working memory, which often affects how learning difficulties present.

Depression, Anxiety and Stress Scales (DASS-42)

A 42-item self-report questionnaire that measures the severity of depression, anxiety and stress, helping to identify co-occurring emotional difficulties that can accompany longstanding learning challenges.

Adaptive Behaviour Assessment System, 3rd Edition (ABAS-3)

A standardised rating scale that assesses the practical skills needed for daily living across conceptual, social and practical domains.

Additional measures, as clinically indicated

A range of further standardised tools selected according to your needs and the referral question.

THE REPORT

A comprehensive report outlining the assessment findings, the results and their meaning, and practical recommendations to support your learning in study, training and work.

FEEDBACK SESSION

A dedicated feedback session with the clinical psychologist to walk through the findings, answer your questions, and discuss recommendations in detail.

WHY CHOOSE US

- Experienced clinical psychologist
- Rigorous, evidence-based assessment
- Tailored to your needs
- Respectful, person-centred approach

NEXT STEP

If you have concerns about your learning or study, please phone or email our office to discuss your needs and booking options.